



ISU

FIGURE SKATING

4 CONTINENTS CHAMPIONSHIPS

BEIJING²⁰₂₆

JANUARY 21 - 25, 2026

ANNOUNCEMENT

#4CONTSFIGURE

1. GENERAL REGULATIONS

The ISU Figure Skating Four Continents Championships 2026 will be conducted in accordance with the ISU Constitution and General Regulations 2024, ISU Constitution 2025, the ISU Special Regulations & Technical Rules Single & Pair Skating and Ice Dance 2024, as well as all pertinent ISU Communications.

Participation in the ISU Figure Skating Four Continents Championships 2026 is open to all Competitors who belong to an ISU Member in accordance with Rule 130, paragraph 1 and qualify with regard to eligibility according to Rule 102, provided their ages fall within the limits specified in Rule 108, paragraph 3. a) and they meet the participation, citizenship and residency requirements in Rule 109, paragraphs 1 through 5 and Communication No. 2526 (or any updated of this Communication).

In accordance with Rule 109 of the ISU Regulations and ISU Communication No. 2526 (or any update of this Communication), all Skaters who do not have the nationality of the Member by which they have been entered or who, although having such nationality, have in the past represented another Member, must produce an ISU Clearance Certificate.

2. TECHNICAL DATA

All Championship events as well as some official practices will take place at **National Indoor Stadium** with an ice surface of 30 m x 60 m. The remainder of the official practices will take place at **National Indoor Stadium Practice rink** with an ice surface of 30 m x 60 m. The two facilities are within the same building. Both venues are indoor, air-conditioned and heated.

Competition venue

National Indoor Stadium
No.9, Tianchen East Road, Chaoyang District
Beijing
China

Practice Rink

National Indoor Stadium Practice rink
No.9, Tianchen East Road, Chaoyang District
Beijing
China

2.1 Combined Total Elements Scores (CTES)

Skaters/couples participating in the following Figure Skating Championships must have reached the following Combined Total Elements Scores (SP/RD + FS/FD) during the ongoing season (2025/26) or the immediately preceding season (2024/25):

	CTES (SP/RD + FS/FD)
MEN	86.00
WOMEN	75.00
PAIR SKATING	75.00
ICE DANCE	85.00

The Combined Total Elements Score (not including Component Scores) is calculated by adding the Skaters/Couples highest Technical Elements Score in Short Program / Rhythm Dance and the Free Skating / Free Dance and must have been reached in an ISU recognized International Competition (as per the ISU Constitution and Rule 107, paragraphs 1 to 10 of the ISU General Regulations) during the ongoing or preceding season (See ISU Special Regulations Single & Pair Skating Ice Dance, Rule 378, paragraph 4). The Skaters/Couples highest Technical Elements Score in Short Program / Rhythm Dance and the Free Skating / Free Dance to calculate the Combined Technical Elements Score may be reached at different competitions.

These scores must have been earned by participating in a Senior Category of the competitions mentioned in the ISU Constitution and Rule 107, paragraph 1 to 10) in order to enter the ISU Figure Skating Four Continents Championships . These scores must be earned prior to the entry deadline.

Please refer to ISU Communications No. 2732.

2.2 Technical Details

MEN	Short Program	The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2024, Rule 611, paragraphs 1 and 2. Duration: 2 min., 40 sec. +/- 10 sec.
	Free Skating	In accordance with ISU Technical Rules Single & Pair Skating 2024, Rule 612 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value. Duration: 4 min., +/- 10 sec.
WOMEN	Short Program	The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2024 Rule 611, paragraphs 1 and 2. Duration: 2 min., 40 sec. +/- 10 sec.
	Free Skating	In accordance with ISU Technical Rules Single & Pair Skating 2024, Rule 612 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value. Duration: 4 min., +/- 10 sec.
PAIR SKATING	Short Program	The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2024, Rule 620, paragraphs 1 and 2 for 2025/26 Duration: 2 min., 40 sec. +/- 10 sec.
	Free Skating	In accordance with ISU Technical Rules Figure Skating & Pair Skating 2024, Rule 621 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value. Duration: 4 min., +/- 10 sec.
ICE DANCE	Rhythm Dance	In accordance with ISU Technical Rules Ice Dance 2024, Rule 709. Rhythms, required elements and guidelines are those listed in ISU Communication 2704 and subsequent updates. Duration: 2 min., 50 sec. +/- 10 sec
	Free Dance	In accordance with ISU Technical Rules Ice Dance 2024, Rule 710. The required elements to be skated are those listed in ISU Communications 2704 and subsequent updates. Duration: 4 min., +/- 10 sec.

3. ENTRIES

3.1 General

All entries for the ISU Figure Skating Four Continents Championships 2026, must be done through the **ISU Online Registration System (ORS)** by the deadline indicated; hotel and travel information should also be entered into ORS, as well as bank information. Declarations will need to be uploaded to the ORS as well.

3.2 Entries of Competitors

In accordance with Rule 378, the Entries by names must be made via the ISU Online Registration System (ORS):

<https://fsk-ors.isu.swisstiming.com>

and will be submitted via the ORS simultaneously to the:

Organizing Committee
Chinese Figure Skating Association
e-mail: info@cfsa.com.cn

and to:

ISU Secretariat
e-mail: entries@isu.org

not later than **Wednesday, December 24, 2025 – 20:00, local time in Beijing / CHN** (see Rule 378, paragraph 1).

Preliminary entries (by number) must be entered in the ORS no later than **November 14, 2025**.

Please note that for all persons entered by the Members, the procedures in regard to the Declaration for Competitors and Officials entering ISU Events (Rule 131) as outlined in ISU Communication 1876, point 16 (or any update of this Communication) need to be strictly observed.

3.3 Entries of Team Members

Official entries of Team Leaders, Assistant Team Leaders, Team Officials, Team Medical Staff, Member Press Officer and Coaches and the partner or relative of a Judge will be accepted.

Accreditation will be provided to those who are officially entered in ORS and accepted by the Organizing Committee.

Please be advised that only one Coach per Skater will be accredited. An Assistant Team Leader will be accepted for Teams having six (6) and more Skaters. Two (2) Team Officials of each Member, including the Member President, provided that they are Council/Board members, Technical Committee members or members of the Head Office of their Federation, will be accredited. Not more than one (1) Team Doctor and one (1) Team Physiotherapist will be accepted as the Team Medical Staff, for which the Organizing Committee requests the right to have a medical certification (document) presented before accreditation. Furthermore, not more than one (1) Member Press Officer will be accredited (provided the necessary form was received by October 1, 2025 and approved by the ISU). The Members must guarantee that the requested accreditation of Team members will correspond to their function within the team. As mentioned in ISU Communication 2570, point 18, Members who do not have a team entered, may request one (1) accreditation for either the President or General Secretary of the Federation to attend these Championships. Requests must be sent to the ISU at entries@isu.org by **Wednesday, December 24, 2025 – 20:00, local time Beijing / CHN latest**.

The names of all team members must be submitted via the ISU Online Registration System (ORS) and must reach the Organizing Committee and the ISU Secretariat not later than **Wednesday, December 24, 2025 – 20:00, local time Beijing / CHN**.

4. JUDGES

According to ISU Special Regulations & Technical Rules Single & Pair Skating and Ice Dance 2024, Rule 521, the official entry form for Judges by number (that has been sent to Members on August 6, 2025), must reach the ISU Secretariat by October 1, 2025, indicating with the entry, in which discipline of the ISU Figure Skating Four Continents Championships 2026 the Member intends to participate in the respective draw. The Member must also indicate with the entry, which Judge will be available to judge the Pair discipline.

In accordance with the draw results, that will be published in an ISU Communication subsequent to the Judges Draw, Members having been drawn to send Judges to the ISU Figure Skating Four Continents Championships 2026 must submit their Judges via the ISU Online Registration System (ORS) and reach the Organizing Committee and the ISU Secretariat not later than **Wednesday, December 24, 2025 – 20:00, local time Beijing / CHN**.

5. MEALS, LODGING, PREPAYMENT AND TRAVEL EXPENSES

In accordance with Rule 137 the expenses are regulated as follows:

- a) All expenses for accommodation and meals for all Competitors participating in the Championships will be covered by the Organizing Committee during the period beginning with dinner on **Tuesday, January 20** and ending with lunch on **Monday, January 26, 2026**.
- b) All expenses for accommodation and meals for one (1) Team Leader for each participating Member in the Championships will be covered by the Organizing Committee during the period beginning with dinner on **Tuesday, January 20** and ending with lunch on **Monday, January 26, 2026**.
- c) All expenses for accommodation and meals for Referees, Technical Controllers, Technical Specialists and Data & Replay Operators will be covered by the Organizing Committee during the period beginning with dinner on **Tuesday, January 20** and ending with lunch on **Monday, January 26, 2026**.
- d) All expenses for accommodation and meals for Judges will be covered by the Organizing Committee during the period as listed below:
 - Judges Women, Ice Dance and Pair Skating: from dinner on **Tuesday, January 20** and ending with lunch on **Monday, January 26, 2026**.
 - Judges Men: from dinner on **Thursday, January 22**, and ending with lunch on **Monday, January 26, 2026**.

Should any Competitor, Team Leader or Official arrive at the Hotel before the time indicated above or stay longer, the costs for accommodation and meals are at the burden of the user. A credit card or cash deposit is required on arrival for security and other incidental (i.e. telephone, movies, etc.) charges. If there are no expenses or damages to the room, cash deposit will be returned to the guest on departure.

It is the responsibility of the participating Members to make the necessary travel plans and arrangements for their Skaters.

All extra expenses incurred by any Competitor or any kind of Official will be the responsibility of the individual and must be paid prior to departure.

The Organizing Committee requests that, for all Team Members whose accommodation expenses are not covered by the Organizing Committee as outlined above, a pre-payment (deposit) to guarantee the availability of required rooms has to be made. Please use the ISU Online Registration System (ORS) and the first Information Letter for booking and calculation. The pre-payment (50% of the total amount) must be made by **Sunday, November 30, 2025**. The terms of payment for the remainder are published in the first information document.

All rooms ordered for any person (if paid by the organizer or the ISU member federations) are subject to the cancellation policy as outlined in the first information.

Travel expenses will be paid in accordance with Rule 137. Out of pocket expenses for Referees, Technical Controllers, Technical Specialists, Judges, Data & Replay Operators will be paid in accordance with the Memorandum for Guidance in Holding ISU Figure Skating Championships and ISU Communication No. 2096 or any update of this Communication. Payments will be provided at registration. No expenses will be

reimbursed for any other accompanying persons (i.e., Assistant Team Leaders, Coaches, Team Officials, Team Medical Staff, Member Press Officer, Chaperones, etc.).

Please note: It is the obligation of the Team Leader and/or the Assistant Team Leader to attend the Team Leaders Meeting. Failing to do so, the Organizing Committee will not cover the expenses for the Team Leader as indicated above.

6. PRACTICE

Official practices for Competitors begin on **Wednesday, January 21, 2026**. The detailed schedule will be issued at the time of registration.

7. MUSIC / PLANNED PROGRAM CONTENT

In accordance with Rule 343 in the ISU Special Regulations & Technical Rules Single & Pair Skating and Ice Dance, the following method to submit the Competitor's music to the Organizing Committee must be followed:

- the ISU Member is responsible for submitting their Competitor's music to the Organizing Committee by email to event@cfsa.com.cn until **January 14, 2026**.
Please note: if music file exceeds the size of 1gb, an email-based transfer service which allows to send large files could be used to send the file to the OC via email.
- each submission shall be labelled with the name of the ISU Member, name of the category, segment and the name(s) of the competitor(s):

Example:

GER_Men_SP_MUSTERMANN-Max

GER_Men_FS_MUSTERMANN-Max

SUI_Pairs_SP_MUSTERMANN-Erika_MUSTERMANN-Max

If the music is not labelled, the OC will not consider the files as valid.

- the music files must be sent as **WAV or MP3** file formats. Any other format is not acceptable.
Please note: Files in MP3 format may have a significant difference in the music quality when reproduced. The Organizing Committee in this case is not responsible if the music quality would be insufficient.
- Each Competitor must have their own back-up drive (USB Stick) for each program in the format of a WAV or MP3 file and present it upon accreditation if the music has not been sent by the above-mentioned deadline.
- The exact running time of the music (not skating time) must be communicated to the Organizing Committee when submitting the music and shall be certified by the Competitor/Coach/Team Leader at the time of registration.
- During the 1st Official Practice, the music will be played as indicated in the Practice Schedule and competitors will be allowed to verify the correctness of the submitted music. If there is an issue with the music, the Team Leader/Coach may be allowed to change the music by presenting an acceptable reproduction to the Organizing Committee's Music Team (USB Stick with file format of WAV or MP3 file).

If the music files have been submitted within the above-mentioned deadline to the Organizing Committee, then the music team of the Organizing Committee is entirely responsible for the correct execution of the music. In case of issues with submitted music files the Organizing Committee may request at the time of registration a secondary copy of the music files. In case the music files have not been submitted in time to the Organizing Committee, the skater(s) must present their music latest at the time of registration on the above defined mean and in the defined format.

Please note: CDs will **not** be accepted by the Organizing Committee.

ISU Members/Skaters are reminded that in order for them to use music to accompany their routines, the following 'Music Accompaniment' rights/ licenses are required:

- the right to edit or adapt music into a mix, if more than one song is being used.
- the right to set choreography to the music, often referred to as a 'Grand Right', which is the right to perform musical compositions and recordings within the context of a "dramatic work" or choreography.

- the right to create any copies of the music that may be needed for training and competition purposes, also known as the 'mechanical rights'.

In order for a music to be fully cleared for these uses, these rights need to be cleared for each and every track used in each mix that contains a license (backed by a warranty and legal indemnity) for appropriate territory(s) that covers both the master rights of the recording artist and the publishing rights of each individual writer and composer of the track.

There are a number of ways in which ISU Members and their Skaters can legally use or create a music mix to accompany your routine/performance:

1. For easy compliance with the above-mentioned requirements, it is recommended to use commercially released or production music from the ISU approved licensing provider, [ISU.ClicknClear.com](https://www.clicknclear.com). Subject to the music being available on the ClicknClear platform for the country where it will be used, it can be licensed instantly. Skaters/Members can access ClicknClear directly through the ISU Portal under the music tab.
2. Use completely original music (specially commissioned) written and/or recorded by a composer and/or artist. If you do this, please ensure you have contractually obtained the relevant rights required. ClicknClear's License Verification System has an online form that your composer/artist can use to confirm the rights they have granted you.
3. Use music out of copyright (otherwise known as music in the public domain). To be noted that the duration of copyright varies in each country so ISU Members MUST check their local copyright law.
4. Secure a license directly from the owners of the music the Skaters would like to use. In some cases, ClicknClear may be able to assist in the clearance of music not currently available on the ClicknClear platform. However, please note this route may be significantly more expensive, may take significant time, and there is no guarantee of a positive outcome.

The titles, composers and orchestras of the music to be used for the Short Program and Free Skating Program for Single, for the Rhythm and Free Dance Program for Ice Dance and for the Exhibition must all be entered, in detail, by the ISU Member or the Skater(s) on the dedicated ISU platform or through ClicknClear.

If music information is not complete and/or the music is not provided, accreditation will not be given.

The Planned Program Content must also be entered by the ISU Member or the Skater(s) on the dedicated ISU platform. It is mandatory that the Program Content information be filled in precisely by each Skater/team in English using the terminology for the elements listed in the respective ISU Communication.

8. ARRIVAL & DEPARTURE OF PARTICIPANTS

All ISU Event Officials, Competitors, Team Leaders and Team Officials taking part in the Championships are requested to announce as soon as possible but not later than **Wednesday, December 24, 2025**, to the Organizing Committee, the names of the airlines, flight numbers, dates and times of arrival at the **Beijing Capital International Airport (PEK) or Beijing Daxing International Airport (PKX)**.

These locations are considered as the official arrival/departure points for the ISU Figure Skating Four Continents Championships 2026, from where a shuttle transfer will be organized. Coaches, Team Medical Staff and Member Press Officer are only met if they travel with the team. The detailed travel information needs to be submitted via the ISU Online Registration System (ORS).

9. REGISTRATION

Accreditation will only be granted to persons in those various functions if officially entered and named through their ISU Member. The ISU Member certifies with the entries in ORS, the indicated functions within the team of all team members. Any misuse of any function will be sanctioned by the ISU/OC.

Accreditation will be given to appointed ISU Event Officials and ISU Office Holders.

All Competitors and Judges will be required to present their passport (and Clearance Certificate if the passport is not of the same country as the Member entering the Skater and/or the Skater having previously represented another Member) prior to receiving accreditation. Accreditation will not be issued without presentation of a valid passport.

10. OFFICIAL HOTELS

Hotel information will be available in the first information document which will be forwarded to the ISU Members at the time of publication of this announcement. Hotel capacities can only be booked via the Organizing Committee. Hotel reservation requests need to be submitted via the ISU Online Registration System (ORS).

11. STARTING ORDERS

The draws for the starting order Short Program/Rhythm Dance will be held individually per discipline at the Draw & Press Conference Room at National Indoor Stadium as indicated in Rule 520, paragraph 1.

For the Free Skating / Free Dance the starting order will be the reverse order of the result after the Short Program/ Rhythm Dance as per Rule 513, paragraph 2.

12. EXHIBITION

All medalists as well as additional invited skaters will participate in the exhibition on **Sunday, January 25, 2026 at 18:00** at National Indoor Stadium according to Rule 104, paragraph 17 a) and b).

13. MEETINGS FOR ISU EVENT OFFICIALS and JUDGES

The individual Initial Judges Meetings will be held one (1) day prior to each first segment of each individual discipline. The draw for the seating order of the panels of Judges will be made 45 min. prior to each segment. Subsequent draws, as required, will be made at National Indoor Stadium in the judges' room.

Please see the dates and times for all other official meetings for Technical Panels (before and after the respective event), Referees and Technical Controllers Meeting and Judges Round Table Discussions in paragraph 18. Schedule of Events. **ISU Event Officials and Judges are responsible to make their travel arrangements in order to be able to attend the respective meetings.** If any other party makes the flight arrangements, the ISU Event Officials and the Judges are responsible to check if such arrangements are in line with the detailed schedule as mentioned under paragraph 18.

14. LIABILITY

In accordance with Rule 119, it is the sole obligation of each ISU Member participating in ISU Events, as defined in Rule 107, to provide medical and accident insurance for their athletes, officials and all other members of the ISU Member's team. Such insurance must assure full medical attendance and also the return of the ill or injured person to the home country by air transport or by other expeditious means.

The ISU assumes no responsibility for or liability with respect to bodily or personal injury or property damage incurred by Competitors and Officials.

15. ANTI-DOPING

Anti-Doping tests will be carried out according to the ISU Anti-Doping Rules and ISU Anti-Doping Procedures, as given in the applicable ISU Communications (ISU Communications Nos. 2742 or later updates).

16. TITLES AND MEDALS

The winners will bear the title according to Rule 133.

ISU gold medals will be awarded to the Champions and ISU silver and bronze medals to the second and third placed Competitors at the end of the finals in each discipline.

In accordance with Rule 134, paragraph 3. e) the Referee shall present, after the completion of each segment (Short Program and Free Skating for Women, Men, Pairs and Rhythm Dance and Free Dance for Ice Dance), ISU bronze, silver and gold medals to the third-placed Competitor(s), second-placed Competitor(s) and the winners respectively in each discipline, but no anthem shall be played or flags hoisted.

17. INFORMATION

For further information, please contact:

ISU Figure Skating Four Continents Championships 2026

Organizing Committee

Chinese Figure Skating Association

Phone: +86 10 8831 8835

e-mail: info@cfsa.com.cn

Local Organizing Committee

Address: Building No.2, Xiannongtan Stadium, Xicheng District, Beijing, China 100050

Phone: +86 10 6304 1036

e-mail: fc2026reception@126.com

18. SCHEDULE OF EVENTS

Date	Time	Event
Wednesday, January 21	All day	Official Practice
	08:00	Referee & Technical Controllers Meeting
	09:00	WOMEN – Initial Judges Meeting
	10:30	Team Leaders Meeting
	11:00	PAIR SKATING – Initial Judges Meeting
	11:30	WOMEN – Technical Panel Meeting
	12:00	Medical Meeting
	13:30	ICE DANCE – Technical Panel Meeting
	15:30	PAIR SKATING – Technical Panel Meeting
	17:00	ICE DANCE – Initial Judges Meeting
	20:30	ISU and Judges Dinner
Thursday, January 22	09:00	MEN - Technical Panel Meeting
	12:15	WOMEN – Short Program
	16:30	ICE DANCE – Rhythm Dance
	19:15	Opening Ceremony
	20:00	PAIR SKATING – Short Program
Friday, January 23	09:00	MEN – Initial Judges Meeting
	12:00	ICE DANCE – Free Dance
	15:30	ICE DANCE – Technical Panel Review Meeting
	18:00	WOMEN – Free Skating
	22:15	WOMEN – Technical Panel Review Meeting
Saturday, January 24	09:00	ICE DANCE – Judges Round Table Discussion
	11:00	WOMEN – Judges Round Table Discussion
	12:10	MEN – Short Program
	19:45	PAIR SKATING – Free Skating
	22:15	PAIR SKATING – Technical Panel Review Meeting
Sunday, January 25	09:00	PAIR SKATING - Judges Round Table Discussion
	12:00	MEN – Free Skating
	16:15	MEN – Technical Panel Review Meeting
	18:00	EXHIBITION
	18:00	MEN – Judges Round Table Discussion
	21:00	Closing Banquet

Please note: This schedule is subject to change

19. SUMMARY OF DEADLINES

	DEADLINE	to be submitted via
Preliminary Entry Form	14.11.2025	ORS
Hotel Request Form Team Leaders, Competitors, Judges	14.11.2025	ORS
Hotel Request Form Team Officials, Coaches, Others	14.11.2025	ORS
Entry by Name for Competitors	24.12.2025	ORS
Entry by Name for Judges	24.12.2025	ORS
Entry by Name Delegation Members	24.12.2025	ORS
Hotel Reservation	24.12.2025	ORS
Travel Details	24.12.2025	ORS
Bank Transfer information (for Prize Money)	24.12.2025	ORS
Press Information	24.12.2025	ISU PORTAL
Competition and Exhibition Music Information	24.12.2025	ISU PORTAL
Planned Program Content	24.12.2025	ISU PORTAL
Music File submission	14.01.2026	By email (event@cfsa.com.cn)
Visa Application Request	asap	FORM

*Once submitted this information is valid for the entire season until amendments and updates become necessary.

Payments	DUE DATE
Deadline for 50% deposit for hotel reservations from Federation	30.11.2025
Refund of 100% hotel deposit for cancellations up to	15.12.2025
Refund of 50% hotel deposit for cancellations from December 16 until	24.12.2025
No refund for cancellations from	25.12.2025
Federation to pay balance of hotel payment latest at	Registration